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Special thanks to Joe and Barbara
for their generous donation.

A special thanks to Beth Bittner
Roberts for a generous donation.

MARK YOUR CALENDARS

August 31-Sept 3 FFF Fly Fishing Fair and Conclave in West Yellowstone, MT

- Sept. 5** CFFU Board meeting at 6:30 pm
- Sept. 6** CFFU General meeting at 7:00 pm
- Sept 10-11** Raintree Project with Trout Unlimited
- Sept. 15** Tech Thursday; CPR class
- Sept. 18** Fish Derby
- Oct 3** CFFU Board meeting at 6:30 pm
- Oct 4** CFFU General meeting at 7:00 pm
- Oct 20** Tech Thursday
- Oct 31** CFFU Board meeting at 6:30 pm
- Nov 1** CFFU General meeting at 7:00 pm
- November 5** ANNUAL DINNER at Carmichael Elks Club

PRE-MEETING CASTING by Sam Yee

Free Fly Casting Instruction before the monthly meeting from 5 until the meeting starts by Ken Giesser, Forrest Oldham, & Sam Yee, FFF Certified Casting Instructor. Just bring your favorite fly rod and a brightly colored floating line. We will have some loaner fly rods will be available but please be careful with them since they belong to the casting volunteers and not the club. Don't be shy, just ask for some help, there is usually others who are at the same stage of learning. Beginning Fly Casting to Advanced, casting in the wind, improve your roll casting, get more distance, be more accurate plus single hand switch & spey casting.

WHO'S WHO IN THE CFFU

CFFU OFFICERS HOME PHONE

President:	Tim Landrus	607-0530
Pres-Elect:	vacant	
Past Pres:	Bob Larne	961-1462
1st VP:	John Coldiron	212-5422
2nd VP:	Beth Ison	443-4968
Secretary:	Bob Effa	443-4968
Treasurer:	Jim Berdan	448-3125
Sgt. At Arms:	Larry Coulter	689-1885

DIRECTORS

Membership:	Rich Wilson	364-7545
Tech Services:	Carl Lang	967-2126
Public Affairs:	Craig McCulloch	456-2482
Outings:	Joe Puglisi	663-1573
Programs:	Dennis May	223-5998
Conservation Programs:	John Mott	254-6688
Conservation Policy:	Joe Morris	718-4945

COMMITTEES HOME PHONE

On Line Ed.:	Phoebe Larne	961-1462
Coachman:	Sam Yee	505-7722
Proctor Award:	Jim Kelley	725-4101

Logo Sales:	Glenn Yee	421-6922
Annual Dinner:	Bob Larne	961-1462
NCC/FFF Rep.	Dave Ford	967-3847
SARA Rep.:	Wayne Chubb	961-8181
Refreshments:	Earlene Coldiron	212-5422
Fly Tiers Exch.:	David Zook	455-1863
Fly Tying Programs:	John Daniels	750-3511
Web Meister:	Phoebe Larne	961-1462
List Serve Meister:	Gregory Shaffer	530-271-5556
Sportsman Expo:	Richard Wilson	364-7545
Bittner Scholarship:	Bill Felts	
New Members:	Val Adams	966-5676
Cert. Casting Instructor:	Sam Yee	505-7722
Mentoring Service:	Ty Espinoza	446-3166
Youth Programs:	Gary Howard	
Library:	Jim Kelley	725-4101
Fish in the Classroom:	John Mott	254-6688
Newsletter :	Chris Weiland	691-2873

AUGUST SPEAKER REPORT

The general membership meeting of CFFU on August 2, 2011 featured a two-pronged program featuring Jonathan Friedman, Senior District Ranger of the US Army Corps of Engineers, and Robert Chase, Aquatic Biologist from the US Bureau of Reclamation.

Those in attendance learned that the responsibility of the U.S. Army Corp of Engineers is to protect communities and property from potential danger posed by dams located upstream of their location. In the greater Sacramento area the U.S. Army Corp of Engineers manages the following projects: 1, Martis Lake-Home to native Lahotan Cutthroat Trout ; 2. North Fork Dam-Lake Clemintine; 3. Deeger Point Dam and 4. Englebright Dam

TECH THURSDAY

The September 15, 2011 Tech Thursday will be a CPR class put on by Heart Beat. This class will present the latest techniques and a certificate will be issued. It will be held at the Northminster Church at 6:30 PM. There will be a charge of \$35.00. A sign up sheet will be at the general meeting on 6 September. Carl Lang

FROM THE PAST

FROM THE PAST, California Fly Fishermen Unlimited, On The Fly, October 1996, Issue #404, page 1

FOOTBALL STAR ARRESTED, (comment under the October Program info) by Program Director Keith Kataoka

Football star **Deion Sanders**, arrested for trespassing at a fishing hole near Fort Meyers, Florida, in June, responded, "The only defense I have is that I'm sorry, but the fish were biting!" I like this guy's way of thinking.

NCCFFF Conclave

This year, the Northern California Council, Federation of Fly Fishers (CFFU is an affiliated member club of the Council) is staging a full-blown Conclave in Reno, NV at the Nugget hotel and Casino. It looks to be a fine venue, and the timing (October 7-9) couldn't be better!

That's prime time for fly fishing in the Sierra, and there are plenty of great waters nearby to fish—Pyramid Lake in Nevada, The Truckee River in both California and Nevada, the Little Truckee, Davis and Frenchmen's Lake to name just a few.

There are discounted rates for those wanting to stay at the Nugget and plenty of other accommodations in the nearby area.

The Conclave will consist of continuous casting and fly tying demonstrations (where you can watch top California tyers tie), classes and lectures on various aspects of fly fishing, and gear manufacturers exhibiting the newest in fly fishing gear.

The Conclave kicks off with a Friday night cocktail get-together. Saturday is the main event, with tying and casting continuing and the dinner and raffle in the evening. And Sunday, there will be on-stream/Lake events available.

FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

PRESIDENT'S OUTING REPORT, JULY 30TH

On what promised to be a very warm day, I arrived at COLLINS LAKE at about 7:00 a.m. to beat the crowd and get set up. To my surprise, ERIK BLIHOVDE beat me there. I arrived at the assigned picnic area and Erik was no where around (?). Around 8:00 a.m. members started to arrive. RICH WILSON had the club pop-up which we put up along with the club banner. As usual, Rich was equipped with membership brochures in the event new potential members happened by.

A few members attacked the lake in their float tubes and ANDY PENN with first mate TIM AU-YOUNG launched Andy's boat. After the episode with the boat plug got resolved (You will have to ask Andy, I'm no tattle-tale!), those brave souls attacked the lake. RICH WILSON and I decided to wait for a fishing report before assembling our gear (which turned out to be a good idea). I kept asking for fishing reports and got nothing but bad news. JOE PUGLISI reported the surface temperature at 80 degree's, a little warm.

About 11:00am, Ed Meath from BUTTE VIEW BAR-B-QUE arrived with a great lunch. The adventurers returned from the lake and ERIK BLIHOVDE showed up. After the poor fishing reports, ERIK proudly announced that he caught 58 fish early in the morning. They were small Blue Gill and Bass, close to the shore.

After a great lunch it started to get really warm. The group broke up and headed our own directions. Even though the fishing was poor, the members commented that they had a great time and the lunch was worth the trip.

I want to thank everyone for their patience and will endeavor to find a place for next years outing with better fishing. See website for more photos.

By Tim Landrus



L-R: CARL LANG & LARRY COULTER, AT THE CFFU PRESIDENT'S OUTING, JULY 30, 2011, COLLINS LAKE. (PHOTO BY BRADIE HERRON)



THE CFFU PRESIDENT'S OUTING, JULY 30, 2011, COLLINS LAKE. (PHOTO BY RICH WILSON)



THE CFFU PRESIDENT'S OUTING, JULY 30, 2011, COLLINS LAKE. (PHOTO BY BRADIE HERRON)

CFFU ANNUAL DINNER

Buy Your Tickets, Make Your Donation to the Annual Dinner & Fund Raiser

by Phoebe Larne

Saturday, November 5, 2011 is this year's date for the CFFU Annual Dinner and Fund Raiser.

We need your help.

BUY YOUR TICKETS at the September, October or November meetings.

If you plan to donate your services or property, please SIGN UP ON THE DONATION LIST at the next meeting (instruction, labor, guide, consultation services, or a stay at your cabin or condo).

OBTAIN ALL DONATIONS as soon as possible and give or send to Bob & Phoebe Larne, 961-1462.

VOLUNTEER TO HELP with packaging the Silent Auction items at the end of the dinner. Contact Phoebe Larne at larneph@pacbell.net if you will help.

Last but not least, ATTEND THE DINNER. Support CFFU!

Tickets for the Annual Dinner and Fund Raiser are ALSO available at <http://cffu.org> > Dinner and at the General Meetings. Plan to attend this year. You'll be glad you did!

PLEASE HELP SUPPORT CFFU!

It is YOUR Club.

**MARK YOUR CALENDARS FOR THE
CFFU ANNUAL DINNER ON
SATURDAY, NOVEMBER 5, 2011
AT THE CARMICHAEL ELKS CLUB.**



CALIFORNIA FLY FISHERS UNLIMITED of Sacramento
Presents
"CFFU 48th Annual Dinner & Fund Raiser"
 Supporting CFFU's Community Activities

Saturday, November 5, 2011

We need your donation to benefit our auction & raffle.

CFFU provides sponsors with the following:

- **A thank you letter** acknowledging your donation to an IRS 501(c)(3) non-profit organization for all donations that include a mailing address.
- **Donations with a value of \$300:**
 1. We will distribute your promotional literature at the dinner, if provided, and
 2. You will be acknowledged for one year following the dinner in the CFFU newsletter.
 3. Links to your website will be highlighted on the CFFU website, <http://cffu.org>
- **Cash Donation of \$500* or more** will be provided with 2 tickets to the CFFU Annual Dinner in addition to above.

Information: <http://cffu.org>
 or, contact Bob Larne, CFFU Past President
lameb@pacbell.net or (916) 961-1462.



2011, CFFU instructs youth in fly tying basics.
 (Photo by Phoebe Larne)

ABOUT CFFU

Founded in 1962, California Fly Fishers Unlimited is the oldest fishing club in the Sacramento, CA, area. CFFU is dedicated to promoting awareness and participation in the art of fly fishing and promoting the conservation, preservation and enhancement of our fishery resources.

The CFFU Annual Dinner will provide funds for the annual activities initiated and carried out for the benefit of the community by CFFU. CFFU members also participate in a variety of other noteworthy events and programs:

- The CFFU Bittner Scholarship is presented each year to a student from the University of California at Davis conducting research on fisheries biology and/ or riparian ecology benefitting California's recreational fisheries.
- Provide individuals with disabilities of all ages with a day of fishing at our annual "Fish Derby".
- Educate students on the life cycle of Steelhead and Salmon through the "Fish in the Classroom" program
- Teach youth about the skills and ethics of fly fishing through our "Youth Fly Fishing Clinics".
- Provide fly fishing instruction for the public via our annual "Fly Fishing Clinic"
- Improve the environment of Arcade Creek and the American River Parkway during "Creek Week" events
- Provide input from the fly fisher's perspective to the American River Parkway Plan Update Group
- Ensure that our Club's perspectives are considered in the drafting of state and federal legislation
- Help to protect and restore local fisheries in partnership with Trout Unlimited and American River Parkway Assn.

Please return this form to **CFFU, c/o Bob Larne, Past Pres., 4560 Oxbow Ridge Place, Fair Oaks, CA 95628** with your donation and we will provide a letter acknowledging receipt. Thank you for your donation.

Company: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Contact Person: _____

Items Donated: _____

FLY TYERS EXCHANGE by David Zook

Photo's by John Burge



Jack Thompson tied a **Gray's Damsel Fly** on a Mustad 9674 or 9672 hook size 6-10, olive 3/0 thread, olive marabou tail, abdomen / body olive antron dubbing, pheasant tail wing case, thorax olive dubbing.



Glenn Yee tied a **Red Eye Minnow** on a Muatad 4XL#4 hook, white marabou tail, white marabou, head white marabou, stick on red eyes, white thread rib.



Jim Berdan tied a **Tenkara Fly-Dry-Reverse Hackle** on a TMC 3761 #14 hook, Danville's flymaster red 6/0 thread, body tying thread, thorax peacock herl, grizzly hackle (reversed).

Fly Tier's Exchange Gift Certificate Award

To be part of the Fly Tier's Exchange, just tie up 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another; you do not get your contribution back; you get everyone else's work! Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size. *Give it a try!*

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a gift certificate for 20% off purchase of \$50-\$100 for the **American Fly Fishing Company**. The drawing will be held at the monthly meeting.

CONGRATULATIONS TO LAST MONTHS WINNER !

Jim Berdan

FLY TYING WITH ANDY GUIBORD

The August Tech Thursday featured Andy Guibord tying 2 Delta Baitfish patterns. Both were rather large flies, requiring a lot of materials and many different techniques. Andy was a super instructor, making sure that each student was keeping up. Those in attendance were: Konny Friedman, Bob Bettati, Mike Crumley, Guy Deaner, Rich Wilson, Arthur Herron and Carl Lang.

Carl Lang, Tech Services



Striper Caviar



Articulated Olive pattern

FLY OF THE MONTH

CDC Shuttlecock

Tied and photographed by *John Daniels*

MATERIALS

Hook: TMC2487 #14

Thread: Danville 6/0 brown

Wing: 3 CDC feathers natural dun

Abdomen: Nature's Spirit dubbing
#26 calibaetis

With the price of dry fly hackle these days, tiers are going to have to get more creative when it comes to tying dries and emergers. Fortunately, CDC offers an excellent alternative, and is especially useful in flat water situations such as spring creeks and still waters. The CDC Shuttlecock, created by British "flydresser" Clive Perkins is a great example how a little innovation can open up a vast array of possibilities. Traditionally tied on a straight shank hook, a curve shanked hook is used here. For more on CDC patterns, consult Ian Moutter's [Tying Flies with CDC](#).

Tying Instructions

Step 1: Lay a thread base two eye widths from the eye. Select 2-4 long thin CDC feathers, stack them concave side facing one another, size them for the length of the hook, then tie down reversed over the eye.



Step 2: Wrap a thread base to the bend of the hook, and dub tightly. Thinly dubbed flies are typically more effective than overdressed ones. Build a slight thorax right behind the wing.

Step 3: Lift the wing up, build a thread dam in front of the wing before whip finishing and cutting off your thread. CDC cannot be treated with conventional floatants, so have a chamois and silica floatant (e.g. Shimakatsu, Frog's Fanny) handy when you need to revive a soggy fly.



Postscript: Researching this pattern reminding me that there is an advantage to tying small flies on large hook. Consider the following photo. The wing is tied the same, but a small zebra midge (black thread body, silver rib, dubbed thorax) is tied on the bottom of the shank. The result is a size #18-20 midge emerger pattern with the bite of a #14 hook. Handy when the lunkers are sipping midges just below the film.

UPCOMING OUTINGS

Sept. 9	Hennan Lake	Fishmeister: Bill Ozawa	Asst. Fishmeister: open
Sept. 23-25	Crowley Lake	Fishmeister: Robert Roundtree	Asst. Fishmeister: Jim Wright
Sept. 30-Oct.2	Upper Sacramento River	Fishmeister: John Daniels	Asst. Fishmeister: open
Oct. 23-24	Lower Sacramento/Trinity River	Fishmeister: Bo Nishimura	Asst. Fishmeister: open
November 9-10	Trinity River	Fishmeister: Bo Nishimura/Joe Puglisi	

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

CROWLEY LAKE OUTING , Sept. 23-25

Okay, you asked for it. CFFU will be venturing far a field for the September outing as a result of an earlier informal membership poll requesting to go "some where different" this year. Lake Crowley is a large (650 surface acres) man-made reservoir, mainly fed by the Owens River, and supplies water to the Los Angeles area. The lake is controlled by the L.A. Department of Water and Power, and contentious water politics will not be included in this article. The lake is located on the eastern side of the Sierra mountains, and is approximately 14 miles south of Mammoth Lakes area or 25 miles north of Bishop along the Highway 395 corridor. The surrounding lake area is typical high desert (6,720 feet) terrain, and water is a fertile alkaline environment which supports a diverse bug environment (midges - lots of midges!, mayflies, damselfly, dragonflies, callibaetis & BWOs). There are leeches, snails, and a large population of non-native Sacramento perch which the trout love to bulk up on in the summer-fall time period to get through the winter. Did I mention that the trout grow very large? Typical fish run 14-18 inches plus. I don't want to talk about the multiple fish that I've never been able to stop or turn, and have ended up breaking them off while dialing down the drag as they disappeared into an immense weed bed. Occasional nightmares still remind me of lost large fish. It's time to deviate from the cookie-cutter 10-12 inch trout you've been catching at Fuller Lake. 5lb plus trout are a definite possibility in the Sept.-Oct. time period stripping streamers, but you have to make the long trek to get your shot at them. Join us for an unusual adventure, and come prepared to be instructed by midge-master, Jim Wright. We will try to do some type of informal drive around orientation to various lake access sites, and printed information (nearby Fly Shops, etc.) plus maps will be available at August and September meetings.

Where: Lake Crowley. Nearby campgrounds include: Crowley Lake Fish Camp (www.crowleylakefishcamp.com or 760-935-4301) and McGee Creek RV Park and Campground (www.mcgeecreekrv-campground.com or 760-935-4233). Both of these can support full RV hookups, and offer tent camping as well. Crowley Lake Fish Camp is located on the lake itself, and McGee Creek campground is located just across the highway from the lake. McGee Creek is slightly less expensive, but you still have to pay daily access fees to enter Lake Crowley itself. Motels, restaurants, and Fly Shops can be found in Mammoth Lakes or Bishop areas.

When: September 19-25, 2011. Official outing dates are Sept. 23-25 (Friday-Sunday). But Jim Wright will be there from the 19-25th in the Crowley Lake Fish Camp area, and would welcome any company. Please contact Jim ahead of time, if you're planning on going up early so you can hook up.

Equipment: Floating device required (boat, pontoon boat, float tube, kayak, etc.), and personal flotation preserver. Crowley can get windy so bring an anchor! 5-6 weight rod, floating line, intermediate to full sink type II-III or sink-tip lines, type 3-4X leader, and various tippets 2X-6X. Usually using 5X tippet for midging. Fluorocarbon tippets suggested, but not mandatory. Bring indicators for midge fishing, and from August 1st through end of October you must use barbless hooks.

Flies: various midges (Blood, Zebra, Disco, Gillie Broken Back, Optimidge, Stevie's Wonder, Midge Emergers) sz. 14-18 red, black, gray & purple colors most common, wooley buggers/Seal Bugger olive & black sz. 8-10, damselfly nymphs sz. 12-14, Prince nymph & Pheasant tail nymph/Flashback PT & Bird's Nest sz. 14-12, Tom Loe's Punk Perch sz. 10-8, Hornberg Special sz. 4-6, Matuka olive sz. 4-6, various colored leech patterns sz. 8-12, dragon fly nymphs sz. 6 or so, etc.

Food: mainly on your own, but we can do a potluck dinner/BBQ on Saturday night, if enough participants are interested. Restaurants can be found in Mammoth Lakes or Bishop areas.

Miscellaneous: Bring usual stuff such as insect repellent, sunscreen, sunglasses, 2-way walkie talkie (channel 10-4), water, BYOB, etc. Your momma won't be there.

Meeting Spot: TBA - likely meet each morning, depending on input from Jim Wright, hot spots, etc. Will update participants prior to weekend outing.

Fish Meister & Assistant: Robert Roundtree (rmtree4228@comcast.net or 530-676-2417) & Jim Wright (jimjwl@aol.com or 707-446-6733). Contact us with any questions, etc.

Robert Roundtree

UPPER SACRAMENTO OUTING AND CLINIC , Sept 30-Oct 2

When: September 30-October 2, 2011. Clinic to be held on Saturday, October 1, fee \$50 due at sign up

Where: Dunsmuir, CA

Fishmeister: John Daniels, hm. 530-750-3511, cell 530-219-3450

Directions: Take Highway 5 north until you hit Dunsmuir (approx 210 miles, 3.5 hrs.)...if you reach Ashland, you have gone too far...

Lodging & Meals: You provide your own lodging and food. Dunsmuir has quite a few reasonable hotels and there are a couple of campgrounds in the immediate area (Simms & Railroad). We will probably meet for dinner Friday night (Dunsmuir Brewery Works at 7:00pm) to get reports from those who fished on Friday and make plans. We will meet again for breakfast on Saturday in Dunsmuir (Cornerstone Cafe at 8:00am). Saturday dinner will probably be a pot luck barbeque (location: TBA).

Gear: 4-6 weight rods with floating lines. Flies should include a selection of nymphs #14-18 such as Prince, Copper John, Dark Lord, Hare's Ear, Pheasant Tail, Micro Mayfly, Fox Pupa, etc.; a few blue-winged olive and pale morning dun dry fly patterns #16-18 (parachute or thorax patterns) and/or some small Quigley Crip-les; and maybe a couple Maggies, Bill's Stick Caddis, and/or large orange Stimulators (#8-10) in case the October Caddis are around. You will need 3x-4x tapered leaders (7.5'), 4-5x tippet, indicators, and split shot. A wading staff is required for the Upper Sacramento and studded wading boots are definitely a plus.

Details: With 37 miles of fishable water, most of which can be easily accessed, the Upper Sacramento is one of California's best fly fishing destinations. October is a great time to be on the river because the fish are bulking up for the winter and the summer crowds are long gone. Hat Creek, the McCloud River, and a myriad of lakes are also within easy striking distance from Dunsmuir, so the fishing opportunities are literally endless. Come up for a day, or stay for a long weekend like me. Be prepared to catch a lot of fish and to have most of the water to yourself. While this is a general outing open to all members, there is the option of signing up for a Saturday clinic on nymphing pocket water (see below). Signup will be available at the August and September general meetings for both the outing and the clinic.

Clinic: Bill Carnazzo, a popular guide for this area, will lead again this year an on-the-water class on the "tightline" nymphing technique popular for catching Upper Sacramento trout -- a deadly technique for fishing pocket water. This is a great chance to learn how to fish the riffles and pocket water of the Upper Sacramento from someone who makes a living fishing this river. The clinic will be all day (bring a lunch). In the morning, Bill will cover rigging, technique, and reading water, and in the afternoon everyone will put what they have learned to the test, with Bill getting a chance to work with each individual on the water. The fee for the clinic is \$50. We need a minimum of 4 people to offer this class, and we can accommodate a maximum of 8 anglers, so be sure to sign up early to reserve a spot. I took this clinic, and I can attest that I immediately began to pick up more fish than I ever had before on the Upper Sacramento after working just a few hours with Bill. This clinic always fills, so be sure to sign up early if you wish to attend. Clinic fee is due at sign up.

Do not miss this unique opportunity to improve your nymphing technique on the stream!

John Daniels

PYRAMID LAKE OUTING

Pyramid Lake in Nevada is about as unique a place to fish as you will ever find. Nestled in a desert valley northeast of Reno and fed by the Truckee River, Pyramid is the home of the Lahontan Cutthroat. During the late fall the fish are not schooled up as they are in the spring, but they are still cruising the flats looking for food. The weather is usually overcast and the wind will often come up so the fish are a little less wary than they are earlier in the year. In the fall, and through the winter, the chance for a big fish (30 inches or more) is generally much better than in the spring.

The outing will be November 5-6, 2010. At the time of this writing, it is unclear if most are going to be staying in town or at the lake so we are going to split the difference and plan on gathering at the Pyramid Lake Store (29555 Pyramid Highway, Sutcliffe, NV, first store on the Reservation on the road to the lake) at 9:00am on Saturday 11/5. There is a lot of coastline to fish and almost all of it will produce but we will start out on the west side where we can spread out a lot of people. Assume we will start at Separator beach north of Sutcliffe Saturday morning, and move on from there depending on where the fish are and of course the wind. Bring radios, a map, and if you plan on driving on the beaches, a 4WD is a must. Dinner is usually an ad hoc affair, so we will discuss arrangements on Saturday. If enough of us are at the lake, pot luck at the cabins at Crosby's is a possibility. Some will be going up Friday to fish, and Sunday is open to either fish the lake again, or hit the Truckee area on the way back.

To fish Pyramid, you need a bit heavier rig than usual. The typical setup is an 8 weight with a shooting head. This could be either a traditional running line & head combination (floating or sinking running line with Type 3 & Type 6 heads [sometimes heavier]), or an integrated line with a 200 grain head (around 5-6 ips sink rate), and 8-10# monofilament or fluorocarbon for leaders. You can get away with a lighter rig, but if the wind comes up, and it often does, you will have problems. Flies needed are Woolly Buggers and Woolly Worms in size 4-8, typically HEAVILY hackled, in black, olive, brown, chartreuse, white, purple, yellow, blue,...these are cutthroats after all, so almost anything can and will work. Pyramid Beetles and Tadpoles in white/chartreuse and black/chartreuse are also a good idea. Indicator fishing can also be effective, so you may also want to bring a 6 weight and a selection of flies (#12-10 nymphs and chironomids work well), split shot, and a good bobber...I mean strike indicator. You will need waders and boots and enough clothes to cover every eventuality, because the conditions at Pyramid can range from shirt-sleeve weather to sleet and snow. Ladders are optional and unnecessary I would argue, and float tubers must have their liability waivers and life insurance up to date. Attendees will be responsible for their own lodging, food, and debts at the casinos.

A sign-up sheet will be available at the next general meeting.

John Daniels

VIRGINIA LAKES OUTING

Last weekend (8/18-8/21) 23 of us camped and fished the Virginia Lakes area. Most of us camped out but four opted for more comfort (they missed the excitement) in cabins and Bridgeport Inn. Dick Angus, Russ Heckley, George, Don Wallace, Dad & I got there early enough Thursday to get setup and fish the evening on Big Virginia Lake. We had heard Alpers Trout were stocked the week before.

The top fishermen for the evening were Dick, Russ with 8 or 10; Russ using dries for Brookies and Dick getting his Rainbows on Sheeps Creek and Renegades; the rest of us got a few that night.

After fishing till close to dark we visited by the fire. John Daniels rolled up late; and said he missed Monitor pass turn OOPS! Before going to bed we hit the potty; entering camp Trudy YELLED "Something got into the food". About that same second I heard a strange hissing sound and lifted the lantern to find the food thief standing eight feet from me. He stood towards me hissing and head shaking; finishing off the Won Ton's he had removed from the bear box. I banged on the BBQ with tongs and yelled at him to no avail. He wasn't budging till he finished grubbing down Mom's Tasty Won Ton's. I put rest of the disturbed food back in the bear box and stepped back with the others till he left. We knew he would be back (probably mad that he didn't get to finish the baklava) so we slept in the trucks. He was lying across the street till he finally came back to make more of a mess. He turned over the Roadtrip Grill and Ice chest to drink (or at least puncture some club soda and vitamin water); leaving a Coke untouched?? Sleeping was going to be a challenge. Neighbors were nice and offered there motor home and a 45; after the second round. Note to self "Never leave the Bear Box open, even if it's only three minutes." The Bear is 30 feet outside of camp somewhere. So we got a late start in the morning (had to clean-up).

Dad and I walked to the Frog Lakes and Dick and Susan stopped at Cooney Lake. Frog had some small fish rising but we didn't spend a whole lot of time there. We had seen bigger fish at Cooney. By the time we got back there Dick had caught a bunch and we were fishing the worst part of the day. Dad got a few and Dick caught about the same as the night prior.

John D, John C, Rick, Ed, Meloney, Brandie, Russ, George, Don, Craig all fished the two Virginia Lakes and Trumbull lake. The fishing was a little slow for most. I believe both Chuck and Frank fished the East Walker near Bridgeport with some slow fishing as well. Saturday morning John D, Frank W, Don W, Chuck H, Ed K, Brandie H, Meloney W and myself went to fish the East Walker. John and I went over indicator fishing 101 for everyone and then we went fishing. At the end of the day John had six (one eighteen inch) Frank Williams caught his first ever on his new fly rod. Ed had one thirteen inch, Don had two thirteen inch, I landed three of the ten I had hooked and Chuck had five with one super nice 21 1/2 inch brown trout. Brandie and Meloney headed back because we were all about to leave but then we started hooking fish like crazy. We just needed to be a little farther down stream where they got less pressure (about a mile and 1/2 or so). I think everybody had a great time fishing the east walker. John D thinks we should do this as a winter outing sometime. The rest of the fisherman fished the Virginia Lakes area and basically had the same luck.

While we were out fishing Melanie H, Trudy L., Donna, Debbie H and Susan M and of course Shadow went to Bodie Ghost Town and lunch in Bridgeport, they all had a great time.

It is a good thing our club practices catch and release because the bank fisherman at the lakes had the daily event of the bears coming out of the woods and taking their stringers full of fish. One young boy caught a 4 pounder on Saturday and almost tried to retrieve his stringer from the bear. The only thing saving the boy was his dad who told him to let the bear have his prize trout.

The bears at Virginia Lakes are to be brazen and should be relocated. The other scary thing to watch out for at Virginia Lakes is the shower Nazi. She monitors the showers like the soup Nazi on the old TV program.

Saturday evening we had a wonderful turn out at the group potluck. There was plenty of good food and fellowship. The weather was perfect. As usual we had a ton of great food and deserts. We had nice visit around the campfire until late evening when everybody retired to their own campsites. Next morning everyone broke camp and made their way home safely.

Thank you everybody for your help with everything and great food.

If you get a chance thank Carolyn for the flies and good fishing info. We can do this next year if there is enough interested, but a month later.

Thanks Again

Jeff Howard



The uninvited dinner guest



The beauty of Little Virginia Lake



Dick Angus with a nice Brook Trout



Jeff Howard on the East Walker

WHY I JOINED A FISHING CLUB

By: Earlene Coldiron

Looking eastward from the summit of Pacheco Pass one shining morning, a landscape was displayed that after all my wanderings still appears as the most beautiful I have ever beheld. At my feet lay the Great Central Valley of California, level and flowery, like a lake of pure sunshine, forty or fifty miles wide, five hundred miles long, one rich furred garden of yellow Compositae. And from the eastern boundary of this vast golden flowerbed rose the mighty Sierra, miles in height, and so gloriously colored and so radiant, it seemed not clothed with light but wholly composed of it, like the wall of some celestial city....

The Sierra is about 500 miles long, 70 miles wide, and from 7000 to nearly 15,000 feet high. In general views no mark of man is visible on it, nor anything to suggest the richness of the life it cherishes, or the depth and grandeur of its sculpture. None of its magnificent forest-crowned ridges rises much above the general level to publish its wealth. No great valley or lake is seen, or river, or group of well-marked features of any kind, standing out in distinct pictures. Even the summit-peaks, so clear and high in the sky, seem comparatively smooth and featureless. Nevertheless, glaciers are still at work in the shadows of the peaks, and thousands of lakes and meadows shine and bloom beneath them, and the whole range is furrowed with cañons to a depth of from 2000 to 5000 feet, in which once flowed majestic glaciers, and in which now flow and sing a band of beautiful rivers.¹

I am a native Californian, who grew-up in the Central Valley, had the Sierra Nevada Mountains, rivers, streams, lakes as my backyard and playground. If I were to list, my favorite activities camping, fishing and hunting which were bred into my soul would rank with-in the top five.

However reading is my first love and John Muir's penned accounts of this region provoked an eye opening experience providing me a greater insight of the wealth this area offered to every individual who is willing to invest the time exploring the valleys, mountains, rivers, creeks streams and lakes.

The writings of John Muir also developed my desire to protect the fish and wild life that inhabits Moccasin Creek, Rough and Ready Creek, Tuolumne River, Merced River, Stanislaus River... and entrench it as one of my core values. To have witnessed the Sierras in the early 1900s and had the foresight to establish the Sierra Club to protect the region has always demonstrated a vision with extreme inspirational wisdom.

So what inspired my joining California's Fly Fishers Unlimited, Sacramento? I already knew how to fish with a rod and reel; I have fished most of the watersheds in the northern and central portion of our state along with the Pacific Ocean from Mexico to Alaska.

I discovered and dabbled with the sport of fly fishing years before joining CFFU. So again, why did I join? It started with reading Patrick F. McManus in Field and Stream and Outdoor Life Magazines. Therefore, it was natural to follow his escapades collected in his 13 books. A quote that leaps to mind is, "There is no greater fan of fly-fishing than the worm."²

About 6 months prior to joining CFFU, I came across a fascinating novel. The premise centers on an elusive insect hatch occurring once a decade and almost never duplicating the location. However, the hatch incites monumental trout that most men never have an opportunity to witness, to rise. In "The Snowfly" by Joseph Heywood, the main character is chasing the legendary nymph through every decade of his life. The author's portrait of an individual who is growing up and awakening an inner self-discovery through the love of fly-fishing and the art of fly-tying is a captivating account. The novel provided me the stimulation to scrutinize the art and sport of fly-fishing.

After reading a number of other books related to fly-fishing, I formulated via email a date to explore the ISE International Sportsman Exposition in January 2010; less than two weeks later (February New Members Meeting), my husband and I became members.

Introduce me to any person who fishes and is not what I consider a one-book personality. Soon the conversation will drift to the Osprey soaring, the majestic Bald Eagles who acts like common sea gulls during the salmon run in Alaska, the deer, elk, moose or bear wandering into the area they were fishing. I expect a meandering of the dialogue to the inspiring beauty of the fishing arena; interspersed will be a discussion of sports, authors, artists, music along with the various genres and immediately a common bond is forged. Camaraderie is what I was looking for and indeed found in the CFFU.

"Don't tell fish stories where the people know you; but particularly, don't tell them where they know the fish." Mark Twain

I find these words of wisdom from an author who has sustained the test of time to hold true, so I am not sure why I decided to share my story other than to demonstrate what some people will do to earn a Coachman Award.

¹The Story of My Boyhood and Youth, John Muir, 1910

²Never Sniff a Gift Fish, Patrick F. McManus, 1979

OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

August OTTER Report:

The OTTERS are thriving with increased participation on weekday outings, Fuller Lake, Indian Creek, and Woods Lake are a sample of the bodies of water the OTTERS have been fishing this past month. Bruce Bartholomew, Dell Clark, Jim Ford, Russ Heckley & Bill Ozawa fishing statistics have increase in a direct proportion to the summer weather.

The number of OTTERS attending the weekly Thursday Mid-morning restaurant gathering has seen multiple tables added on a regular basis. This past week at the Waffle Shop 16 members converged to nourish both minds and bodies before migrating to Keith Winkle's clubhouse to tie the suggested fly of the week, a Renegade or work on tying size 16's (not sure the fly had a name or pattern, however it was tied on a 16). Beth Ison will be missed this month, because a cup of coffee and occasionally cookies are on hand during the tying session.

Most of all the OTTERS have a great time together, fishing, talking, eating and simply having fun.

Earlene Coldiron

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Camp Pollock, 467 Del Paso Blvd., Sacramento, CA.

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a \$10 initiation fee.

Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at the law offices of Hiroshima, Jacobs, Roth & Lewis, 1420 River Park Dr., Sacramento, 95815.

ON THE FLY is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@frontiernet.net. Pictures will only be returned upon request. **Absolute Deadline for submissions - 25th OF THE MONTH**



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Talk about it!